

SCHOOL LUNCH

The National School Lunch Program was established in 1946 by Harry Truman. Children who eat school lunch are more likely to consume milk, fruit and vegetables and less likely to consume snack items.

Our lunch menus are planned on a two-week menu cycle. Federal regulations require that we offer minimum portion sizes of meat, fruits, vegetables, grains/breads and milk during lunch meal service.

Our lunch menus are certified in compliance with the meal requirements for the National School Lunch Program under the Healthy, Hunger-Free Kids Act of 2010.

Paid Lunch prices are \$1.25 and \$1.50
Reduced Lunch price is \$.40

SCHOOL BREAKFAST

The National School Breakfast Program was established in 1966. Studies show that children who eat breakfast perform higher in academics and have lower absence and tardiness rates.

Our breakfast menus are certified in compliance with the meal requirements for the National School Breakfast Program under the Health, Hunger-Free Kids Act of 2010.

Paid Breakfast price is \$.85
Reduced Breakfast price is \$.30

OTHER INFORMATION...

While we do contract with retail establishments to provide pizza in our middle and high schools, this is available to students a maximum of one day per week.

Ala carte items sold in the cafeteria meet the required nutritional standards.

Schools provide only approved beverages to students.

No vending machine or other sells take place until 30 after the lunch period ends.

Breakfast and lunch menus, nutritional analysis, and a list of all food and beverage items

available to students are available in the Food

Service Office or on our website at

www.laurel.k12.ky.us

SUMMER FOOD PROGRAM

The summer Food Program is offered at various sites during the summer. Meals are provided free to children 18 and under.



Applications for Free/Reduced Priced Meals

Applications for free and reduced priced meals are distributed to families at the beginning of each school year. A new application must be submitted each year. Application are available by calling 606.862.4600 or on our website at www.laurel.k12.ky.us



School Nutrition Data Facts

SY 2013-2014 data

All Laurel County Schools serve breakfast and lunch daily and both are available to all students

Total Student Meals Served:	Students Approved for Free Meals –	5565
Breakfast served – 597,725	Students Approved for Reduced Meals –	678
Lunch served – 1,181,217		

Average Daily Participation:	Federal Reimbursement Received –	3,841,545
Breakfast – 3516		
Lunch – 6948		

Percent of Participation:	Cost of Food Used –	3,322,003
Breakfast – 49%	Total Expenditures –	5,559,353
Lunch – 78%	Total Revenues –	5,593,404

School & Nutrition Staff

114 School Staff; 2 full time and 2 part time District Staff
 Director is certified School Nutrition Specialist
 80% of staff are Serve Safe Certified
 100% of staff are recertified in Child Nutrition

Health Inspections

Bush Elementary	100%	Camp Ground Elementary	99%
Cold Hill Elementary	99%	Colony Elementary	100%
Hunter Hills Elementary	100%	Hazel Green Elementary	98%
Johnson Elementary	98%	Keavy Elementary	99%
South Laurel High	99%	North Laurel High	99%
South Laurel Middle	100%	North Laurel Middle	99%
London Elementary	99%	Sublimity Elementary	99%
Wyan Pine Grove Elem	100%	Laurel Daytreatment	98%

All schools follow strict HACCP regulations

Physical Activity & Achievement

Schools play a crucial role in influencing physical activity behaviors. Sound curriculum, policies, and facilities create an environment encouraging students and staff to engage in a variety of physical activity opportunities. Evidence supports a correlation between SAT scores and the physical well-being of students.

Physical Activity	Elem	Middle	High
Daily Recess	100%	NA	NA
Promote Community Physical Activities	75%	75%	50%
Licensed PE Teachers	100%	100%	100%
Facilities Available Before and After School For Physical Activities	75%	50%	NA
Playgrounds/Facilities Meet Safety Standards	100%	100%	100%



The data presented above is a summary from the Assessment of our physical activity environment

**“A hundred years from now it will not matter
what my bank account was, the sort of house I lived in,
or the kind of car I drove...
but the world may be different because
I was important in the life of a child.”**

– FOREST E. WITCRAFT

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